

FAITH-BASED RESOURCES ON DEPRESSION & OTHER AFFLICTIONS

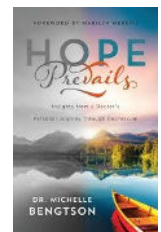
Terry Powell September 2023 terry.powell@ciu.edu

Terry's blog on depression and faith: penetratingthedarkness.com

Terry Powell CIU Chapel Audio Testimony (30 mins.) Sept 22, 2014 (CIU Podcast) "What I've Seen in the Dark" This 30-minute audio chapel testimony is accessible on the homepage of Terry's website. Click on the "ABOUT" button and scroll down to find the link. Subscribe to the blog—it's free!

Books

- * Michelle Bengtson, *Hope Prevails: Insights from a Doctor's Personal Journey through Depression*. Revell, 2016
- * Michael Card, *A Sacred Sorrow: Reaching Out to God in the Lost Language of Lament*. NavPress, 2005
- * Christine Chappell, *Help! I've Been Diagnosed with a Mental Disorder and Help! My Teen Is Depressed*. Also (October 2023 release) *Midnight Mercies: Walking with God Through Depression In Motherhood*. P & R Publishing, 2023
- * Elisabeth Elliot, *Suffering Is Never for Nothing*. B&H Publishing, 2019
- * Zack Eswine, *Spurgeon's Sorrows: Realistic Hope for Those Who Suffer from Depression*. Christian Focus, 2014
- * David Murray, *Christians Get Depressed, Too*. Reformation Heritage Books, 2010
- * Dane Ortlund, *Gentle and Lowly: The Heart of Christ for Sinners and Sufferers*. Crossway, 2020
- * Terry Powell, *Serve Strong: Biblical Encouragement to Sustain God's Servants*. Leafwood, 2014
- * Terry Powell and Mark Smith, *Oh God, I'm Dying! How God Redeems Pain for Our Good and His Glory*. Morgan James Publishing, 2020
- * John Piper, *The Hidden Smile of God: The Fruit of Affliction in the Lives of John Bunyan, William Cowper, and David Brainerd*. Crossway, 2001
- * John Piper and Justin Taylor, *Suffering and the Sovereignty of God*. Crossway Books, 2006
- * Vaneetha Risner, *The Scars That Have Shaped Me: How God Meets Us in Suffering*. Desiring God, 2016 and *Walking Through the Fire: A Memoir of Loss and Redemption*. Thomas Nelson, 2021
- * Joni Eareckson Tada, *A Place of Healing: Wrestling with the Mysteries of Suffering, Pain, and God's Sovereignty*. David C. Cook, 2010 and *Beside Bethesda: 31 Days Toward Deeper Healing*. NavPress, 2014.
- * Mark Vroegop, *Dark Clouds, Deep Mercy: Discovering the Grace of Lament*. Crossway, 2019



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WEBSITES AND MINISTRY ORGANIZATIONS

Dance in the Rain See Vaneetha Risner's blog archives and other resources on pain and suffering: <https://vaneetha.com>

The Hope + Help Project www.christinemchappell.com Christine Chappell podcasts with authors, counselors, and sufferers of depression and other mental illnesses.

www.DrMichelleBengtson.com Michelle Bengtson's website on handling depression and anxiety with the help of God and His Word.

Chronic Joy Ministry Exceptional website with information and articles on chronic illness, chronic pain and mental health issues. Outstanding "Resource" list on their website. <https://chronic-joy.org>

David Powlison video, "Depression and Anxiety: How the Church Can Help" (47 minutes)

.Rick and Kay Warren (Saddleback Church) have a mental health website prompted by their young adult son's suicide and history of depression. See their material titled "Mental Health and the Church." www.hope4mentalhealth.com