

# Coaching & Spiritual Direction Intake Form

*Helping Us Understand Your Needs*

Thank you for your interest in our Coaching & Spiritual Direction services. Please fill out the following form to help us understand how we can best support you or your team. Your responses will remain confidential and will help us create a personalized plan to guide you toward healing, growth, and spiritual wholeness.

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## General Information

**Name:** \_\_\_\_\_

**Email:** \_\_\_\_\_

**Phone:** \_\_\_\_\_

**Preferred Contact Method:**  Email  Phone  Other: \_\_\_\_\_

**Organization (if applicable):** \_\_\_\_\_

**Role/Title (if applicable):** \_\_\_\_\_

**Website (if applicable):** \_\_\_\_\_

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## Service Type

Please indicate which service you are interested in:

Individual Coaching & Spiritual Direction

Spiritual Direction for Teams

Both

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## Current Challenges & Goals

1. What prompted you to seek coaching or spiritual direction at this time?

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2. What are the primary challenges or concerns you (or your team) are facing?

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3. What specific goals or outcomes would you like to achieve through this process?

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### **Spiritual & Emotional Well-Being**

4. How would you describe your current spiritual journey?

- Thriving
- Growing but seeking deeper connection
- Stagnant or struggling
- Uncertain but open
- Other: \_\_\_\_\_

5. Have you (or your team) engaged in spiritual direction, coaching, or similar support before? If so, what was your experience?

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6. What areas of support would be most helpful for you (or your team)? (Check all that apply)

- Spiritual growth & intimacy with God
- Emotional healing & inner freedom
- Navigating transitions or challenges
- Leadership & team dynamics
- Workplace spiritual formation
- Other: \_\_\_\_\_

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### **Practical Considerations**

7. What format would you prefer for our sessions?

- In-person (location permitting)
- Virtual (Zoom, phone, etc.)
- Hybrid

8. How frequently would you like to meet?

Weekly

Bi-weekly

Monthly

Other: \_\_\_\_\_

9. Are there any logistical or scheduling factors we should consider?

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**Additional Information**

10. Is there anything else you would like us to know as we consider how best to support you or your team?

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**Next Steps**

Once we receive your completed form, we will review your responses and reach out to schedule an initial conversation to discuss the best approach for your coaching or spiritual direction plan. Thank you for trusting us with your journey—we look forward to walking alongside you!

**Submit Form To:** [info@embracingbrokenness.org](mailto:info@embracingbrokenness.org)