

EMBRACING BROKENNESS

Identity Restored: "Who Am I Really? Overcoming the Enemy's Identity Theft."

A 5-Day Bible Reading Plan & Devotional

Day 1: The Original Identity – Created in God's Image

Scripture: Genesis 1:26-27; Psalm 139:13-16

Reflection:

From the very beginning, you were created with divine intention and purpose. God didn't make a mistake when He designed you—He handcrafted you with care, love, and precision. Genesis 1:26-27 tells us that humanity was created **in God's image**, meaning we reflect aspects of His nature—His creativity, love, wisdom, and ability to form deep connections.

Yet, the world often tells us a different story. It defines our worth based on outward appearance, achievements, or the approval of others. Many of us have spent years chasing an identity that feels just out of reach—trying to measure up, striving for success, or conforming to cultural expectations.

But what if **who you are** has nothing to do with what you achieve and everything to do with the One who created you? Psalm 139:13-16 reminds us that we are **fearfully and wonderfully made**—not randomly thrown together but intentionally designed by a loving Creator.

Take a moment to reflect: If you could fully embrace the truth that your identity is secure in God, how would your life change?

Prayer:

Father, thank You for creating me in Your image. Help me to see myself as You see me—fearfully and wonderfully made. Strip away any lies I have believed and replace them with Your truth. Amen.

Journaling Prompts:

1. How does knowing you are created in God's image change the way you see yourself?
2. What lies about your identity have you struggled with? Write them down and replace them with truths from today's scriptures.
3. What are three things you love about the way God made you?

Practical Action Step:

Write "I am created in God's image" on a sticky note, mirror, or phone wallpaper as a daily reminder of your true identity.

Day 2: The Great Identity Theft – Lies That Distort

Scripture: Genesis 3:1-7; John 10:10

Reflection:

Imagine waking up one morning to find that your bank account had been drained, your credit ruined, and your name stolen. Identity theft is one of the most distressing crimes because it attacks your very sense of self.

But did you know that identity theft didn't start in the digital age? It began in the Garden of Eden when Satan whispered the first lie: *"Did God really say...?"* (Genesis 3:1). With that one question, he planted a seed of doubt in Eve's heart, making her question what she already knew to be true—she was deeply loved, fully accepted, and created in God's image.

Satan still uses this tactic today. He whispers lies into our hearts, making us believe that:

- *"You're not enough."*
- *"God doesn't really love you."*
- *"You have to earn your worth."*

These lies lead to shame, fear, and striving. But Jesus came to **restore what was stolen**. In John 10:10, He declares, *"The thief comes only to steal and kill and destroy; I have come that they may have life, and have it to the full."*

Are there lies you've believed about yourself that have shaped your identity? Today is the day to **recognize the enemy's deception and reclaim the truth**.

Prayer:

Lord, reveal the lies I have believed about myself. Expose any false identity I have embraced and replace it with Your truth. Amen.

Journaling Prompts:

1. What lies have shaped your identity over time?
2. Can you recall a time when you doubted God's love or goodness? How did that impact your choices?
3. How would your life look different if you fully embraced the truth that Jesus came to give you abundant life?

Practical Action Step:

Write down 3 lies you've believed about yourself. Then, find a Bible verse that speaks truth to counteract each lie. Keep this list visible throughout the week.

Day 3: Jesus' Identity Tested – And Ours Too

Scripture: Matthew 4:1-11; Ephesians 1:4-7

Reflection:

Have you ever had someone challenge who you are? Maybe a teacher, boss, or even a family member doubted your ability, making you question yourself.

This is exactly what Satan did to Jesus in the wilderness. He tried to shake Jesus' confidence in His identity by saying: *"If you are the Son of God..."* (Matthew 4:3-6). But Jesus didn't entertain these doubts—He responded with **God's Word**.

The enemy uses the same tactic against us. He whispers:

- *"If God really loved you, your life would be easier."*
- *"If you were truly valuable, people wouldn't overlook you."*

But just like Jesus, we can combat these lies with **God's truth**. Ephesians 1:4-7 declares that we are **chosen, redeemed, and lavished in grace**.

Prayer:

Jesus, help me to recognize and resist attacks on my identity. Strengthen me to stand firm in who You say I am. Amen.

Journaling Prompts:

1. How does the enemy try to make you doubt your identity?
2. What scriptures can you declare over your life when you feel insecure or unworthy?
3. How does knowing you are chosen and redeemed change how you see yourself today?

Practical Action Step:

Choose one identity-related scripture (such as Ephesians 1:4-7) and memorize it this week. Speak it aloud whenever you feel doubt creeping in.

Day 4: Breaking Free from People-Pleasing and False Labels

Scripture: Galatians 1:10; Romans 12:2

Reflection:

Many of us spend our lives trying to please others—seeking validation through approval. But Galatians 1:10 reminds us that our ultimate aim is to **please God, not people**.

People-pleasing can lead us to compromise our identity, shaping ourselves into what we think others want rather than who God created us to be. But Romans 12:2 calls us to **renew our minds** and reject false labels.

When we live for God's approval, we step into **true freedom**.

Journaling Prompts:

1. In what areas of life do you find yourself seeking approval from others?
2. How does people-pleasing impact your sense of identity?
3. Write down false labels you have believed and replace them with God's truth.

Practical Action Step:

Make a decision today to say **no** to something out of people-pleasing and **yes** to something that aligns with God's truth for you.

Day 5: Living Restored – Walking in Your True Identity

Scripture: 2 Corinthians 5:17; Colossians 3:1-3

Reflection:

Your past does not define you. Your mistakes do not determine your worth. **In Christ, you are a new creation** (2 Corinthians 5:17).

God is in the business of restoration, and He is inviting you to **live in the fullness of His love**.

Journaling Prompts:

1. What false identities or labels do you need to leave behind today?
2. How does it feel to know that in Christ, you are a new creation?

Practical Action Step:

Each morning, declare out loud: *"I am a new creation in Christ. My identity is secure in Him."*
